

# **LYMPHOEDEMA TREATMENT FACILITIES AND RESOURCES DIRECTORY**

**Queensland and Northern NSW**

**October 2010 (3)**



**Compiled by:**

**Lymphoedema Association of Queensland Inc,  
P O Box 3068  
BRACKEN RIDGE QLD 4017**

**Phone/Fax: (07) 3269 1498  
Email: [info@lymphqld.org](mailto:info@lymphqld.org)  
Website: [www.lymphqld.org](http://www.lymphqld.org)**

This booklet has been compiled to facilitate the management of Lymphoedema and is a guideline to only some of the facilities available. The information has been supplied by those agencies listed.

Any change of status or additional information on Lymphoedema treatment facilities should be forwarded to the Lymphoedema Association of Queensland. Contact details appear on the cover of this publication.

**Complex Decongestive Therapy (CDT) includes all of the following components**

- Manual Lymphatic Drainage
- Bandaging
- Containment Garments - Measurement/Supply
- Education of the condition of Lymphoedema
- Lymphoedema Self-management
- Skin Care Advice
- Exercise/Prescription

The information contained in this publication was accurate to the best of our knowledge at the time of printing. However the Lymphoedema Association of Queensland Inc. cannot be held responsible for that information and any changes that occur beyond its control.

**Brisbane Head Office**

The Cancer Council Queensland  
533 Gregory Terrace  
FORTITUDE VALLEY QLD 4004

PO Box 201  
SPRING HILL QLD 4004

Phone: (07) 3634 5100  
Fax (07) 3257 1306

**Bundaberg**

Ground floor, 312 Bourbong Street  
BUNDABERG WEST QLD 4670

PO Box 710  
BUNDABERG QLD 4670

Phone: (07) 4150 4500  
Fax: (07) 3259 8401

**Cairns**

169 Aumuller Street  
BUNGALOW QLD 4870

PO Box 106  
BUNGALOW QLD 4870

Phone: (07) 4047 5500  
Fax: (07) 3259 8478

**Townsville**

24 Warburton Street  
NORTH WARD QLD 4810

P O Box 6088  
TOWNSVILLE MC QLD 4810

Phone: (07) 4796 8400  
Fax: (07) 3259 8507

**Mackay**

Suite 305, Third Floor  
45 Victoria Street  
MACKAY QLD 4740

PO Box 510  
MACKAY QLD 4740

Phone: (07) 4842 2000  
Fax: (07) 3259 8371

**Rockhampton**

43 Upper Dawson Road  
ROCKHAMPTON QLD 4700

P O Box 8264  
ALLENSTOWN QLD 4700

Phone: (07) 4932 8600  
Fax: (07) 3259 8480

**Sunshine Coast**

Shop 4, Credit Union Australia Plaza  
Cnr. Maroochydore and Baden Powell Streets  
MAROOCHYDORE QLD 4558

P O Box 795  
MAROOCHYDORE QLD 4558

Phone: (07) 5451 6000  
Fax (07) 3259 8470

**Toowoomba**

137 Herries Street  
TOOWOOMBA QLD 4350

P O Box 1054  
TOOWOOMBA QLD 4350

Phone: (07) 4690 5800  
Fax: (07) 3259 8481

**Gold Coast**

Cnr Short and Marine Parades  
SOUTHPORT QLD 4215

P O Box 2146  
SOUTHPORT QLD 4215

Phone: (07) 5503 3700  
Fax: (07) 3259 8457

**FOREWORD**

The Lymphoedema Association of Queensland Inc. is a registered charity founded in 1989 by people with the condition, health professionals and concerned others.

A self-help organization, it offers support, information and education to anyone affected by Lymphoedema.

With this in mind, we have compiled this directory of treatment facilities, resources and support groups to assist in the management of Lymphoedema.

If you know of a service which you believe should be included or if you wish to update information, please contact the Association.

Nerida Smith  
President  
Lymphoedema Association of Queensland Inc.  
April 2008

Printed and distributed on behalf of the  
Lymphoedema Association of Queensland Inc  
by

The Cancer Council of Queensland  
553 Gregory Terrace  
Fortitude Valley QLD 4006  
The Cancer Council Helpline 13 11 20



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**RESOURCES**

## 7. SMITH AND NEPHEW—Brochures

A Swollen Limb ? What is Lymphoedema?  
 Healthcare Division  
 Smith and Nephew Pty Ltd  
 315 Ferntree Gully Road  
 Mount Waverley Victoria 3149  
 Phone: 03 8540 6777  
 Fax: 03 9544 5086  
[www.smith-nephew.com](http://www.smith-nephew.com)

## 8. Lymphoedema Management Courses-Post graduate

Visit [www.lymphology.asn.au](http://www.lymphology.asn.au) for ala Training guidelines and courses.

## RESOURCES

**The Lymphoedema Association of Queensland Inc offers information, newsletters, support and education through membership.**

1. For brochures and details contact:  
The Secretary  
Lymphoedema Association of Queensland Inc  
PO Box 3068  
BRACKEN RIDGE QLD. 4017  
Office: Phone/Fax: (07) 3269 1498
2. Publications by Michael Mason  
"Living with Lymphoedema"  
"Exercises for Lymphoedema of the Arm"  
Exercises for Lymphoedema of the Leg"
3. Professor Neil Piller, Lymphoedema Assessment Clinic,  
Flinders Surgical Oncology Clinic,  
PO Box 312, Melrose Park SA 5039  
Phone: 08 8204 5754 Fax: 08 8374 3469  
Email: neil.piller@flinders.edu.au  
Patient information Booklets-  
Recognition, Treatment and Management of Lymphoedema.  
(primary, arms, legs and venous oedema of the leg.) Lipoedema.
4. Lymphoedema Association of Australia, Inc:  
Dr Judith R Casley-Smith  
Admin: John Hobson  
Phone: 08 8271 2198 Fax: 08 8271 8776  
Lymphoedema Literature, Information, Exercise program and Video  
Email: casley@internode.on.net
5. Queensland Clinical Genetics Services  
Genetics Education Queensland Program  
Enquiries: Email: qcgs@health.qld.gov.au  
Home Page: <http://www.lymphoedema.org.au>
6. Breast Cancer Network of Australia - Brochures  
Reducing your Risk of Lymphoedema  
Fact sheet for travelling  
Contact 1800 500 258

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## NATIONAL LYMPHOEDEMA ASSOCIATIONS AND SUPPORT GROUPS

### **Lymphoedema Association of Victoria Inc.**

President: Kaye Splatt  
 Office Co-ordinator: Bernadette Wison  
 PO Box 83  
 ASHBURTON VIC 3147  
 Phone: 1300 852 850  
 Email: [info@lav.org.au](mailto:info@lav.org.au)  
 Web: [www.lav.org.au](http://www.lav.org.au)

### **Western Australia**

Contact 1300 852 850 for information.

### **Service Provider**

#### **Tasmanian Lymphoedema Centre Inc. (Scanning Laser Treatment)**

Jan Sparkes  
 Community Health Centre,  
 Gardiners Creek Rd.  
 ST MARYS TAS 7215  
 Phone: 03 6372 2900 Enquiries and Bookings

## NATIONAL LYMPHOEDEMA ASSOCIATIONS AND SUPPORT GROUPS

Lymphoedema Support Group of NSW  
Address: PO BOX 58 Wahroonga NSW 2076  
[www.lymphoedemasupport.com](http://www.lymphoedemasupport.com)  
[lymphformation@lymphoedemasupport.com](mailto:lymphformation@lymphoedemasupport.com)

**Lymphoedema Support Northern Territory**  
LSGNT  
Contact: Shirley Preston  
lsgnt@ymail.com  
Phone: 08 8927 4888

### **The Lymphoedema Association of Queensland Inc.**

PO Box 3068 BRACKEN RIDGE Q 4017  
President: Nerida Smith  
Information Pager: (07) 3833 4376 Leila Bourke  
Office Ph/Fax: (07) 3269 1498.  
Email: [info@lymphqld.org](mailto:info@lymphqld.org)  
Web: [www.lymphqld.org](http://www.lymphqld.org)  
Regional Groups listed separately

### **Lymphoedema Support Group SA Inc.**

President:: Trish Simmons  
PH: 08 8238 2619 or 0419019 19899  
Email: [stetrish@bigpond.net.au](mailto:stetrish@bigpond.net.au)  
Secretary:  
Debbie Gutte Ph 08 8254 8117 or 0407 724 075  
PO Box 211  
SURREY DOWNS SA 5126  
Ph 08 8338 6300

## BRISBANE, LOGAN, IPSWICH AND REDCLIFFE

### **BRISBANE**

Blue Care (ALL BLUE CARE SERVICES THROUGH)  
Harold Mann Allied Health Centre  
840 Creek Road  
CARINA HEIGHTS QLD 4152

**Phone** 07 3213 7213 **Fax** 07 3398 5953 **Email** [i.colville@bluecare.org.au](mailto:i.colville@bluecare.org.au)

**Contact/s** Ingvar Colville Allied Health Manager

**Area Served** Brisbane

**Hours of Service** Monday to Friday 7.30 am - 4.30 pm

**Referral Procedure** By phone/ fax/ letter

**Services Provided** CDT (explanation inside cover)

**Other Services Offered** Hand- held Laser, Hydrotherapy, Home visiting,  
Referral to LAQ membership/Support

**Cost** POA

### **BRISBANE MOBILE**

Mobile Rehab  
PO Box 192  
GRANGE QLD 4051

**Phone:** (07) 3856 5428 **Fax:** 3856 5430

**Email:** [physio@mobilerehab.com.au](mailto:physio@mobilerehab.com.au)

**Contact/s** Helen Weston Physiotherapist

**Area Served** Brisbane, Sunshine Coast

**Hours of Service** Monday to Friday, 9.00 am - 5.00 pm

**Referral Procedure** By Phone, Fax or Email

**Services Provided** CDT (explanation inside cover)

**Other Services Offered** Home visiting

**Cost** POA

**ALBANY CREEK**

Albany Aquatic & Sports Physiotherapy  
Albany Creek Leisure Centre  
Cnr Old Northern Road & Explorer Drive  
ALBANY CREEK QLD 4035

**Phone** 07 3264 5159 Fax 07 3264 6644  
Email: marion.slattery@ozemail.com.au

**Contact/s** Marion Slattery Physiotherapist

**Area Serviced** Brisbane Northside

**Hours of Service** Monday to Friday 7.30 am - 6.30 pm  
Saturday 8.00 am - 12 noon

**Referral Procedure** Self or Medical

**Services Provided** CDT (explanation inside cover)

**Other Services Offered** Hydrotherapy,

**Cost** POA, DVA Provider, Medicare EPC

**ALBANY CREEK**

JM Remedial Therapy & Lymphoedema Clinic  
Suite 5, 7 Albany Forest Drive  
ALBANY CREEK QLD 4035

**Phone** 3264 6698 Mob: 0419 022 985 Email: jeanine@remedialtherapy.com.au  
Web: www.jmremedialtherapy.com.au

**Contact/s** Jeanine Mewburn Remedial Massage Therapist

**Area Serviced** Brisbane, Pine Rivers Shire

**Hours of Service** Monday to Friday by appointment

**Referral Procedure** self or medical

**Services Provided** CLT ( explanation inside front cover)  
- Measurement and sale of garments

**Other Services Offered** Home Visiting, Referral to LAQ membership/Support  
BIOIMPEDENCE Analysis for Lymphoedema early detection

**Cost** \$70.00/hr POA for Home Visits

## QUEENSLAND LYMPHOEDEMA SUPPORT GROUPS

**MACKAY**

**Contacts** Joy Tighe  
(07) 4956 1184  
Marilyn Walz  
(07) 4959 1383

**Venue** Mackay Community Health Centre  
Meets Monthly - 1st Friday Noon  
Please phone for further meeting details

**SUNSHINE COAST  
BRANCH/SUPPORT**

**Contacts** Libby Graham  
Ph: (07) 5446 7945

Margaret Humphreys  
Ph/Fax: (07) 5492 4437

**Venue** The Cancer Council Queensland Rooms  
cnr Maroochydore and Baden Powell Roads,  
MAROOCHYDORE  
Meets Monthly - 4th Monday 10-30 am  
Please phone for further meeting details

**TOOWOOMBA  
Contact**

Alex Woodland or Jasmine Smith  
07 4638 4799

**Venue** The Cancer Council Queensland Meeting Room  
Please phone for meeting details.

## QUEENSLAND LYMPHOEDEMA SUPPORT GROUPS

### BRISBANE

#### Contacts

Nerida Smith  
Ph/Fax: (07) 3269 1498  
Email: info@lymphqld.org  
June Timms 07 3865 1195

#### Venue

Meeting Room Toowong Library  
Toowong Village Shopping Centre

Meets Monthly - 4th Wednesday of Month Noon—2pm  
Please phone for further meeting details.

### BUNDABERG BRANCH/ SUPPORT

#### Contacts

Olga Beath Ph: 07 4152 8507

Doris Tardent Ph: 07 4152 1713

#### Venue

Recreation Room, Mater Hospital  
Hope St  
BUNDABERG QLD 4670

Meets bi-monthly - 3rd Monday 10.00 am.  
Please phone for further meeting details.

### GOLD COAST

#### Contact

Margaret Burns  
Ph: (07) 5563 1423

Annette Thiedeke  
Ph: (07) 5594 1235

#### Venue

Meets Monthly - 4th Thursday 10.00 am—Noon  
Please phone for further meeting details

### CARINA

Hands on Therapy  
830 Old Cleveland Rd  
CARINA Qld 4152  
**Phone** 3843 6605 **Fax** 3843 6615 **Mob** 0431 177 876  
**Email** team@handsontherapy.com.au

<b>Contact/s</b>	Amanda Kelly	Occupational Therapist
<b>Area Serviced</b>	Southern Brisbane- Carina, Springwood, Sunnybank, Redlands	
<b>Hours of Service</b>	8.30am -5.00pm Mon-Fri.	
<b>Referral Procedure</b>	Self referral or Health Professional	
<b>Services Provided</b>	CDT ( see inside front cover)	
<b>Other Services Offered</b>	Home Visiting, Referral to LAQ Membership/Support	
<b>Cost</b>	POA	DVA & Enhanced Primary Care Provider

### CHERMSIDE

HOCA Chermiside -Lymphoedema Clinic  
Level1/ 956 Gympie Rd  
Chermiside Qld 4032

**Phone** 07 3737 4500 **Fax:** 3737 4801  
**Email:** jcampbell@hoca.com.au

<b>Contact/s</b>	Lillian Schutt & Trish Johnson—Registered Nurses Jason Pacey—Occupational Therapist Jacqui Campbell—Clinic Manager	
<b>Area Serviced</b>	All area covered	
<b>Hours of Service</b>	Monday to Friday 7.00 am - 5.00 pm	
<b>Referral Procedure</b>	Medical referral To Dr Ian Bunce at above address	
<b>Services Provided</b>	CDT (explanation inside cover) & Garment Fittings Early intervention Program	
<b>Other Services Offered</b>	Referral to LAQ membership/Support	
<b>Cost</b>	Private Health Insurance / POA	

**FERNY HILLS**

The Hills Lymphoedema Clinic  
 11 Allara Crescent  
 FERNY HILLS QLD 4055

**Phone:** (07) 3851 2675 **Fax:** (07) 3851 2675

**Email:** HillsLymph@aapt.net.au

<b>Contact/s</b>	Kate Southward      Physiotherapist
<b>Area Served</b>	Northern Brisbane/ Pine Rivers
<b>Hours of Service</b>	Variable
<b>Referral Procedure</b>	Self-referral or Medical
<b>Services Provided</b>	CDT (explanation inside cover)
<b>Other Services Offered</b>	Hand-held Laser, Hydrotherapy, Home visiting, Referral to LAQ Membership/Support
<b>Cost</b>	POA

**PORT MACQUARIE**

Elizabeth Harrison Physiotherapy  
14 Hibiscus Crescent  
PORT MACQUARIE NSW 2444

**Phone:** 02 6582 3466    **Fax:** 02 6582 3466 (ring first)    **Mob:** 0417 008 573  
**Email:** arharrison@iprimus.com.au

**Contact/s** Elizabeth Harrison    Physiotherapist  
**Area Served** Port Macquarie  
**Hours of Service** By arrangement  
**Referral Procedure** No referral required  
**Services Provided** CDT (explanation inside cover) + Sale of Garments  
**Other Services Offered** Scanning Laser, Home visiting,  
Referral to LAQ Membership/Support  
**Cost** POA

**TENTERFIELD**

Fiona Henderson  
'Comfort Inn' 144 Rouse Street  
Tenterfield NSW 2372

**Phone** 02 6736 1067    **Mobile** 0427 361 067  
**Email** cooredulla@bigpond.com

**Contact/s** Fiona Henderson    Remedial Massage Therapist  
**Area Served** Tenterfield and surrounds  
**Hours of Service** Monday - Friday (excluding Thursdays) 9am -5pm  
**Referral Procedure** Self or medical  
**Services Provided** CDT (explanation inside front cover)  
**Other Services Offered** Hand Held Laser  
Referral to LAQ membership/Support  
**Cost** \$50.00/hr  
Registered Service Provider: ATMS 13770  
AMT (NSW) Senior level2 - 9871

**GRANGE**

Qld Lymphoedema & Breast Oncology Physiotherapy  
Suite 6B, 197 Days Rd (Cnr Grange Rd)  
Grange Qld 4051

**Phone** 3356 7737    **Fax** 3356 7734    **Email:** [qlbop@bigpond.com](mailto:qlbop@bigpond.com)  
**Contact/s** Dr Robyn Box ,    Physiotherapist  
**Area Served** All areas in rooms, home visiting by arrangement  
**Hours of Service** Monday—Saturday by appointment  
**Referral Procedure** Self-referral, GP, Specialist or other Health Professional  
**Services Provided** CDT ( explanation inside cover)  
Prescription and sale of garments  
**Other Services Offered** Hydrotherapy, Home visiting as required by negotiation.  
Referral to LAQ membership/Support  
**Cost** POA depending upon complexity of condition and time  
required for individual one to one treatment.

**HERSTON**

Royal Children's Hospital  
Herston Road  
HERSTON QLD 4029

**Phone** 07 3636 8506    **Fax** 07 3636 5181  
**Email** WendyD\_Poulsen@health.qld.gov.au

**Contact/s** Wendy Poulsen    Physiotherapist  
Megan Simons    Occupational Therapist  
**Area Served** Statewide Children  
**Hours of Service** Monday to Friday 7.30 am - 4.00 pm  
**Referral Procedure** Referral by GP to Dept Emergency Medical Clinic  
**Services Provided** CDT (explanation inside cover)  
**Other Services Offered** Hydrotherapy, Referral to LAQ membership/Support  
**Cost** N/A

**HERSTON**

Royal Brisbane & Women's Hospital Health Service District  
 Physiotherapy Department 2<sup>nd</sup> Floor, Ned Hanlon Building  
 Butterfield Street  
 HERSTON QLD 4029

**Phone** 07 3636 4319 Fax 07 3636 1665

**Email** Hildegard\_Reul-Hirche@health.qld.gov.au  
 Robyn\_Sharpe@health.qld.gov.au

<b>Contact/s</b>	Hildegard Reul-Hirche & Robyn Sharpe Physiotherapists
<b>Area Served</b>	Royal Brisbane & Women's Hospital Health Service District
<b>Hours of Service</b>	By appointment
<b>Referral Procedure</b>	Medical referral from RBWH Medical Officer
<b>Services Provided</b>	CDT (explanation inside cover)
<b>Other Services Offered</b>	Sequential Pump, Scanning Laser, Hydrotherapy, Referral to LAQ membership/Support
<b>Cost</b>	N/A

**HERSTON**

Royal Brisbane & Women's Hospital  
 Occupational Therapy Department  
 Level2 Dr James Mayne Building  
 Butterfield Atreet  
 HERSTON QLD 4029

**Phone** 07 3636 7100 Fax 07 3636 7495

<b>Contact/s</b>	Robyn Scheer Occupational Therapist
<b>Area Served</b>	Royal Brisbane & Women's Hospital and Health Service District
<b>Hours of Service</b>	By appointment
<b>Referral Procedure</b>	Medical referral from RB&WH Medical Officer
<b>Services Provided</b>	Education re Lymphoedema, promoting functional independence for patients living with lymphoedema, work simplification, compression therapy.
<b>Other Services Offered</b>	Referral to other services e.g. dietician and Psychologist Referral to LAQ membership/Support
<b>Cost</b>	No charge for treatment, compression garment means tested

**MURWILLUMBAH**

"Wedgetail Retreat"  
 12 Wedgetail Court  
 Dulguigan/ Murwillumbah 2484 NSW

Ph: 04209 25353

E-mail: ricarda2006aapt.net.au

<b>Contact/s</b>	Ricarda Funke Physiotherapist
<b>Area Served</b>	Murwillumbah & Northern Rivers District
<b>Hours of Service</b>	Wednesdays 9.30am-3.00pm
<b>Referral Procedure</b>	Self or Medical
<b>Services Provided</b>	CDT (explanation inside cover) Sale of Garments
<b>Other Services Offered</b>	Hand-held Laser, Kinesiotaping, Acupuncture
<b>Cost</b>	POA DVA and Enhanced Primary Care Provider

**MURWILLUMBAH HOSPITAL**

Physiotherapy Department,  
 Murwillumbah District Hospital  
 Ewing Street  
 Murwillumbah NSW 2484

**Phone** 02 6672 0235 **Fax** 02 6672 0294

Email: ricarda.funke@ncahs.health.nsw.gov.au

<b>Contact/s</b>	Ricarda Funke Physiotherapist
<b>Area Served</b>	Murwillumbah and Northern Rivers District
<b>Hours of Service</b>	Mon. Tues. Thurs.
<b>Referral Procedure</b>	Self or Medical
<b>Services Provided</b>	CDT (explanation inside cover) + sale of garments
<b>Other Services Offered</b>	Hand-held laser, kinesiotaping, acupuncture
<b>Cost</b>	Public Hospital Service.

**HORNSBY**

Mt Wilga Private Hospital Lymphoedema Clinic  
2 Manor Road,  
HORNSBY NSW 2077

**Phone:** 02 9847 5000 **Fax:** 02 9847 5089

**Email:** shanleyk@ramsayhealth.com.au

<b>Contact/s</b>	Kerryn Shanley      Physiotherapy Manager
<b>Area Serviced</b>	Australia wide
<b>Hours of Service</b>	8.30 am - 5.00 pm
<b>Referral Procedure</b>	GP referral to Dr Helen Mackie (Rehab Physician)
<b>Services Provided</b>	CDT (explanation inside cover) + Sale of Garments
<b>Other Services Offered</b>	Sequential Pump, Scanning Laser, Hydrotherapy, Referral to LAQ Membership/Support
<b>Cost</b>	Patients can utilize hospital/ancillary cover. Patients can be in-patients, day patients ( onsite hostel accommodation available) or outpatients or self funded. DVA.

**IPSWICH**

Ipswich Hospital  
Chelmsford Avenue  
P O Box 73  
IPSWICH QLD 4305

**Phone:** (07) 3810 1355 **Fax:** (07) 3810 1773

**Email:** Christine\_Kerle@health.qld.gov.au

<b>Contact/s</b>	Chris Kerle      Physiotherapist Taryn McLellan      Occupational Therapist Jenny Bozhoff      Occupational Therapist
<b>Area Serviced</b>	Ipswich and West Moreton District
<b>Hours of Service</b>	8.30 am - 4.30 pm
<b>Referral Procedure</b>	Medical Referral—GpP Specialist or Hospital Dr.
<b>Services Provided</b>	CDT (explanation inside cover)
<b>Other Services Offered</b>	Hydrotherapy, Referral to LAQ Membership/Support
<b>Cost</b>	N/A

**KANGAROO POINT**

Mt Olivet Community Services  
411 Main Street  
KANGAROO POINT QLD 4169

**Phone:** (07) 3240 1181 **Fax:**(07) 3240 1345

**Email:** Roslyn.griffith@stvincentsbrisbane.org.au

<b>Contact/s:</b>	Roslyn Griffith      Physiotherapist
<b>Area Serviced</b>	Patients on Palliative Care Program
<b>Hours of Service</b>	Monday to Friday 8.00 am - 4.30 pm
<b>Referral Procedure</b>	Patients on Palliative Care Team
<b>Services Provided</b>	CDT (explanation inside cover)
<b>Other Services Offered</b>	Home visiting – Assessment and review only, Referral to LAQ Membership/Support
<b>Cost</b>	N/A

**MITCHELTON**

Mitchelton Physiotherapy Sports and Rehabilitation Centre  
12 Osborne Road  
MITCHELTON QLD 4053

**Phone:** (07) 3354 1300 **Fax:** 3355 1522 **Mob** 0411 298 850  
**Email:** soetens@tpg.com.au

**Contact/s** Janine Whitlock-Soetens Physiotherapist  
**Area Serviced** Local  
**Hours of Service** Monday to Friday 8.00 am - 6.00 pm  
**Referral Procedure** Self-referral, GP or Specialist  
**Services Provided** CDT (explanation inside cover) + Sale of Garments  
**Other Services Offered** Home visiting, Referral to LAQ Membership/Support  
**Cost** POA

**NORTH LAKES**

Ozcare Nursing  
5 Endeavour Boulevard cnr Winn St.  
Postal Address: PO Box 94, North Lakes Qld 4509

**Phone** 07 3482 1800 **Fax** 07 3620 4305

**Contact/s** Di Williams Registered Nurse  
**Area Serviced** Pine Rivers– Caboolture– Redcliffe  
**Hours of Service** Monday to Friday 8.30 am - 4.00 pm  
**Referral Procedure** Hospital /GP Referral  
**Services Provided** Manual Lymphatic Drainage, Bandaging, Measure for Garments, Education on the condition of Lymphoedema, Lymphoedema Self Management, Skin Care Advice, Exercise / Prescription  
**Other Services Offered** Home visiting  
**Cost** POA . DVA Service Provider

**NEW SOUTH WALES****COFFS HARBOUR**

Coffs Harbour Health Campus North Coast Cancer Institute  
Pacific Highway  
Locked Bag 812  
COFFS HARBOUR QLD 2450

**Phone:** 02 6656 5745 **Fax:** 02 6656 5128

**Contact/s** Lyn Williams Physiotherapist  
**Area Serviced** Coffs Harbour District, Macksville, Dorrigo  
**Hours of Service** Part-time  
**Referral Procedure** Letter from GP, Specialist or Breast Care nurse  
**Services Provided** CDT (explanation inside cover)  
**Other Services Offered** Hand-held Laser, Hydrotherapy, Referral to LAQ Membership/Support  
**Cost** N/A

**GOONELLABAH**

Goonellabah Physiotherapy Centre  
581 Ballina Rd  
Goonellabah NSW 2480

**Phone** 02 6625 2888 **Fax** 02 6625 2117 **Mob** 048828 4418  
**Email** admin@gbahphysio.com

**Contact/s** Gabrielle Boyce Physiotherapist  
**Area Serviced** Northern Rivers District  
**Hours of Service** Mon - Fri 9am -6pm  
**Referral Procedure** Self or Medical  
**Services Provided** CDT (explanation inside cover),  
**Other Services Offered** Hydrotherapy and Bioimpedence measuring.  
**Cost** \$70.00 (1 to 1 1/2 hrs)  
DVA and Enhanced Primary Care Provider

**TOOWOOMBA**

Medici Allied Health  
 Medici Medical Centre ( cnr Scott & Curzon Sts)  
 Toowoomba Qld 4350

**Phone** 4613 1488 **Fax** 4613 1499 **Mob**  
**Email** Kerry.Burrows@curzonmedical.com.au

**Contact/s** Kerry Burrows Physiotherapist  
**Area Serviced** Toowoomba & Darling Downs  
**Hours of Service** Mon -Fri 8.30am -5.00pm  
**Referral Procedure** Self , Doctor, EPC  
**Services Provided** CDT ( see inside front cover)  
**Other Services Offered** Hydrotherapy, Home Visiting  
**Cost** POA (Negotiable)  
 DVA and Enhanced Primary Care Provider

**WARWICK**

Warwick Health Service  
 56 Locke Street  
 WARWICK QLD 4370

**Phone:** (07) 4660 3811 **Fax:** (07) 4660 3825  
**Email:**

**Contact/s** Allied Health Department  
**Area Serviced** Warwick Health Service (Southern Downs)  
**Hours of Service** Monday, Tues, Thurs 8.00 am - 230 pm  
**Referral Procedure** Dr..Referral  
**Services Provided** CDT (explanation inside cover)  
**Other Services Offered** Hydrotherapy, Referral to LAQ Membership/Support  
**Cost** N/A

**NORTH LAKES**

Entire Health North Lakes  
 1051B Westfield North Lakes  
 North Lakes Drive  
 (PO Box 395 North Lakes Qld 4509)

**Phone** 07 3491 6166 **Fax** 07 3491 6033 **Mob**  
**Email** entirehealth@gmail.com

**Contact/s** Lorna Golombick Physiotherapist  
**Area Serviced** North Lakes, Kallangur, Rothwell  
 (and beyond for rooms visits)  
**Hours of Service** Mon. Tues. Thurs. 9am to 4pm  
**Referral Procedure** Referral not essential but preferable via GP with EPC plan  
 to assist with finance. Breast Care Nurse, Oncologist, Surgeon  
**Service Provided** CDT (explanation inside cover) + Sale of Garments  
**Other Services Offered** L Dex Monitoring  
 Referral to LAQ Membership/ Support  
**Cost** POA DVA and Medicare EPC Provider

**ORMEAU**

Pauline Wallace  
 56/26 Goldmine Rd  
 Ormeau Qld 4208  
**Phone** 07 5546 7414 **Mobile** 0408 704 088  
**Email** celebrantpwallace@gmail.com

**Contact/s** Ms Pauline Wallace Lymphoedema Therapist &  
 Reflexologist  
**Area Serviced** Brisbane to Gold Coast  
**Hours of Service** Monday to Sunday  
**Referral Procedure** Doctor or Self Referral  
**Services Provided** Manual Lymphatic Drainage  
 Bandaging, Education of the condition of lymphoedema,  
 Lymphoedema Self management, Skincare advice,  
 exercise Prescription  
**Other Services Offered** Home visiting,  
 Referral to LAQ membership/Support  
**Cost** POA

**REDCLIFFE**

Entire Health  
Dolphins Health Precinct (behind aquatic centre)  
Redcliffe Leagues Club Cnr Ashmole & Klinger Rds  
(PO Box 1248, Redcliffe Qld 4020)

**Phone** 07 3203 5111 **Fax** 07 32035144 **Mob**  
**Email** entirehealth@gmail.com

**Contact/s** Bianca Elliott Physiotherapist  
**Area Served** Redcliffe Peninsula, Margate, Scarborough, Clontarf  
**Hours of Service** Monday to Thursday 8.00 am to 6.30 pm and Friday 8-5pm.  
**Margate** open every 2nd Saturday from 8.30 till 11am.  
**Referral Procedure** Referral not essential but preferably a GP with EPC plan,  
otherwise any involved Health Professional  
**Other Services Offered** LDex Monitoring  
Referral to LAQ Membership/ Support  
**Cost** POA DVA and Medicare EPC Provider

**REDCLIFFE**

Yvonne Strydom  
Shop 2, 60 King Street  
WOODY POINT QLD 4019  
Postal Address: PO Box 3198, CLONTARF M.D.C. 4019

**Phone** 07 3283 3721

**Contact/s** Yvonne Strydom Physiotherapist  
**Area Served** Northside, Redcliffe & Pine Rivers  
**Hours of Service** Part Time - Phone for details  
**Referral Procedure** Self Referral  
**Services Provided** Diagnosis of Lymphoedema, Manual Lymphatic Drainage,  
Education on the condition of Lymphoedema, Lymphoe-  
dema Self Management, Skin Care Advise, Exercise / Pre-  
scription  
**Other Services Offered** Referral to LAQ membership/Support  
**Cost** POA

**TOOWOOMBA**

Eye of Horus Physiotherapy Centre  
106B West Street  
Toowoomba Qld 4350 (PO Box 9188)

**Phone** 07 4528 2451 **Fax** 07 4528 2101 **Mob** 0435 752 318  
**Email** eohphysio@optusnet.com.au

**Contact/s** Olga Solodovichenko Physiotherapist  
**Area Served** Toowoomba and Surroundings  
**Hours of Service** Mon, Wed, Fri. 2pm -7pm; Sat. 9am - 1pm (by appointment)  
**Referral Procedure** Self or GP  
**Services Provided** CDT ( explanation inside front cover), measurement and  
sale of garments, group exercise sessions  
**Other Services Offered** Handheld Laser, home visiting, kinesiotaping, cup massage  
Referral to LAQ Membership and Support  
**Cost** POA as costs vary depending on grade and location of swelling.

**TOOWOOMBA**

Medici Allied health  
Medici Medical Centre  
Cnr Scott & Curzon Streets  
Toowoomba Qld 4350

**Phone** 07 4613 1488 **Fax** 07 4613 1499 **Mob**  
**Email** jayne.webb@curzonmedical.com.au

**Contact/s** Jayne Webb Physiotherapist  
**Area Served** Toowoomba  
**Hours of Service** 8.30am -5.00pm  
**Referral Procedure** Self or Medical  
**Services Provided** Diagnosis of Lymphoedema,  
CDT ( explanation inside front cover)  
**Other Services Offered** Referral to LAQ Membership and Support  
**Cost** POA DVA and EHPC Provider.

**STANTHORPE**

Fiona Henderson  
Level 2, 42 Maryland Street  
Stanthorpe Qld 4380

**Phone** 02 6736 1067    **Mobile** 0427 361 067  
**Email** cooredulla@bigpond.com

**Contact/s** Fiona Henderson Remedial Massage Therapist

**Area Served** Stanthorpe and Surrounds

**Hours of Service** Thursday 9am-4pm

**Referral Procedure** Self or medical

**Services Provided** CDT (explanation inside front cover)

**Other Services Offered** Hand Held Laser  
Referral to LAQ membership/Support

**Cost** \$50.00/hr  
Registered Service Provider: ATMS 13770  
AMT (NSW) Senior level2 - 9871

**TOOWOOMBA BASE HOSPITAL**

Toowoomba Hospital  
Wilmot Street  
TOOWOOMBA QLD 4350

**Phone:** (07) 4616 6352    **Fax:** (07) 4616 6335  
**Email:** julie\_sorensen@health.qld.gov.au    lanacassa@health.qld.gov.au

**Contact/s** Julie Sorensen Physiotherapist  
Lana Cassar Occupational Therapist

**Area Served** Toowoomba Health Service District

**Hours of Service** Variable

**Referral Procedure** GP

**Services Provided** CDT (explanation inside cover)

**Other Services Offered** Referral to LAQ Membership/Support

**Cost** N/A

**REDLANDS**

Redland Hospital  
Weipper Street  
CLEVELAND QLD 4163

**Phone** 07 3488 3222    **Fax** 07 3488 3223  
**Email** Prudence\_Ryan@health.qld.gov.au

**Contact/s** Prue Ryan Physiotherapist

**Area Served** Bayside District (with Wynnum Hospital)

**Hours of Service** Monday to Friday 8.00 am - 04.30 pm

**Referral Procedure** Doctor or Health Professional - Written, faxed or phoned

**Services Provided** CDT (explanation inside cover)

**Other Services Offered** Hand- held Laser, Referral to LAQ membership/Support/  
garment prescription

**Cost** N/A

**REDLANDS**

Redlands Mobile Physiotherapy Service  
134-254 Schoeck Road,  
SHELDON QLD 4157  
Postal Address: PO Box 957, CAPALABA QLD 4157

**Phone** 07 3206 0879    **Fax** 07 3206 0878    **Mob** 0418 197 057  
**Email** juliesewell49@hotmail.com (prefer phone or fax contact)

**Contact/s** Julie Sewell Physiotherapist

**Area Served** Redlands Shire & adjacent areas occasionally

**Hours of Service** 8.00 am - 6.00 pm

**Referral Procedure** Doctor or Self Referral

**Services Provided** CDT (explanation inside cover)

**Other Services Offered** Home visiting, Referral to LAQ membership/Support

**Cost** POA

**RIVERHILLS**

Claire Siertsema  
312 Sumners Road  
RIVERHILLS QLD 4074

**Phone** 07 3279 4490    **Mob** 0409 573 928

**Email** siertsema2@optusnet.com.au

<b>Contact/s</b>	Claire Siertsema	Massage Therapist
<b>Area Served</b>	Brisbane	
<b>Hours of Service</b>	By appointment.	
<b>Referral Procedure</b>	Doctor or Physiotherapist Referral	
<b>Services Provided</b>	Manual Lymphatic drainage, education on the condition of lymphoedema, Lymphoedema Self Management, Skincare advice.	
<b>Other Services Offered</b>	Reflexology, Aromatherapy, Swedish Body Massage	
<b>Cost</b>	P.O.A	

**SALISBURY**

Equilibria Physiotherapy and Nutrition  
12 Edna Street  
SALISBURY QLD 4107

**Phone:** (07) 3277 0226    **Fax:** (07) 3277 0216    **Mob:** 0419 645 623

**Email:** equilib@bigpond.net.au

<b>Contact/s</b>	Alyssa Tait	Physiotherapist
<b>Area Served</b>	Local	
<b>Hours of Service</b>	Monday to Friday afternoons and evenings All day Saturday	
<b>Referral Procedure</b>	Self-referral, GP, specialist	
<b>Services Provided</b>	CDT (explanation inside cover)	
<b>Other Services Offered</b>	Referral to LAQ Membership/Support	
<b>Cost</b>	POA	

**REGIONAL QUEENSLAND SOUTHERN/SW****GAYNDAH**

Gayndah Community Health  
Warton Street  
GAYNDAH QLD 4625

**Phone:** (07) 4161 3571    **Fax:** (07) 4161 3598

**Email:** gayndah\_ch\_ah@health.qld.gov.au

<b>Contact/s</b>	Megan Wallace	Occupational Therapist
	Hayley Dymock	Occupational Therapist
<b>Area Served</b>	North Burnett District	
<b>Hours of Service</b>	Monday to Friday 7.30 am - 4.30 pm	
<b>Referral Procedure</b>	Self-referral, GP, Specialist	
<b>Services Provided</b>	CDT (explanation inside cover)	
<b>Cost</b>	Qld Health - free service but pay for garments	

**GATTON**

Marina Crichton Physiotherapy  
12 William Street  
GATTON QLD 4343

**Phone:** (07) 5462 1131    **Fax:** (07) 5462 3933    **Mob:** 0418 724 359

**Email:** m.crichton@uqconnect.net

<b>Contact/s</b>	Marina Crichton	Physiotherapist
<b>Area Served</b>	Gatton, Lockyer Valley	
<b>Hours of Service</b>	Monday to Friday 9.00 am - 5.00 pm	
<b>Referral Procedure</b>	Self-referral	
<b>Services Provided</b>	CDT (explanation inside cover) + Sale of Garments	
<b>Other Services Offered</b>	Hand-Held Laser, Referral to LAQ Membership/Support	
<b>Cost</b>	POA	

**SOUTH BRISBANE**

Mater Adults Hospital  
 Raymond Terrace  
 SOUTH BRISBANE QLD 4101

**Phone:** (07) 3163 8787 **Fax:** (07) 3163 1671

**Email:** leah.mcintyre@mater.org.au  
 janene.steains@mater.org.au

<b>Contact/s</b>	Leah McIntyre - Janene Steains Physiotherapists
<b>Area Serviced</b>	Provided Mater is their closest hospital offering L/O service
<b>Hours of Service</b>	9am to 4 pm
<b>Referral Procedure</b>	Medical referral - Letter or Fax:
<b>Services Provided</b>	CDT (explanation inside cover) except Bandaging
<b>Cost</b>	N/A for treatment. Patients purchase garments and bandages

**SOUTH BRISBANE**

Breast and Shoulder Rehab  
 Mater Private Breast Care Unit,  
 Suite 6.03, Level 6, Mater Private Clinic, 550 Stanley Street  
 SOUTH BRISBANE QLD 4101  
 Postal Address: 3 Beatson Tce Alderley 4051.

**Phone:** (07) 3163 1166 **Fax:** (07) 3163 2599  
**Email:** deniseot@bigpond.net.au

<b>Contact/s</b>	Mrs Denise Stewart Occupational Therapist
<b>Area Serviced</b>	South Brisbane
<b>Hours of Service</b>	9.30am - 4.30pm Monday to Friday
<b>Referral Procedure</b>	Self-referral, GP, Specialist
<b>Services Provided</b>	<ul style="list-style-type: none"> <li>-Breast oedema and scar tissue treatment</li> <li>-Garment prescription</li> <li>-Early intervention treatment program for women after breast cancer and who are at risk of developing arm Lymphoedema</li> <li>- Bio-impedance assessment (arms only)</li> <li>-Musculo-skeletal massage for shoulder movement and strength limitations</li> <li>-Training in self- massage techniques based on musculo-skeletal/ lymphatic model</li> </ul>
<b>Other Services Offered</b>	Referral to LAQ Membership/Support
<b>Cost</b>	Initial consultation \$75.00 Standard Consultation \$50.00 DVA and Enhanced Primary Care Provider

**ST LUCIA**

Lavinia Rhoda Private Practice  
30/36 Jeranderfield Rd  
St Lucia Qld 4067

**Phone** 3217 8524      **Fax** 3217 8524      **Mob** 0413909 636  
**Email** lhobman@optusnet .com.au

**Contact/s**            Lavinia Hobman            Physiotherapist

**Area Serviced**            St Lucia and Local Area

**Hours of Service**            10am -2.00pm Mon, Tues,Wed.

**Referral Procedure**            Doctors Referral

**Services Provided**            CDT ( see inside front cover)

**Other Services Offered** Hydrotherapy, Home Visiting,  
Referral to LAQ Membership/Support

**Cost**                            POA (Negotiable) DVA and Enhanced Primary Care

**SPRING HILL**

Body Perceptions  
Claire Siertsema  
Level1, Spring Hill Market Place  
365 Turbot Street,  
Spring Hill Qld 4000

**Phone** 07 3839 4323      **Fax**            07 3839 8129

**Contact/s**                    Claire Siertsema            Massage Therapist

**Area Serviced**            Brisbane

**Hours of Service**            By Appointment

**Referral Procedure**            Doctor or Physiotherapist Referral

**Services Provided**            Manual Lymphatic drainage,  
education on the condition of lymphoedema,  
Lymphoedema Self Management, Skincare advice.

**Other Services Offered** Reflexology, Aromatherapy, Swedish Body Massage

**Cost**                            P.O.A

**TARINGA**

Gailey Fiveway Physiotherapy  
Cnr Gailey and Indooroopilly Roads  
(Postal Address) 14/144 Indooroopilly Road  
TARINGA QLD 4068

**Phone:** (07) 3870 9290 **Fax:** (07) 3870 8628

**Contact/s** Mandy Goodyear Physiotherapist  
**Area Serviced** Western Suburbs  
**Hours of Service** Mon. Wed. Fr. 8am-5pm Tues. Thurs 8am-6pm  
**Referral Procedure** Self or Medical Referral  
**Services Provided** CDT (explanation inside cover) + Sale of Garments  
**Other Services Offered** Scanning Laser, Referral to LAQ Membership/Support  
**Cost** POA

**WAVELL HEIGHTS**

Results Rehab Group  
116 Pflingst Road  
(PO Box 7, Kedron 4031)  
WAVELL HEIGHTS QLD 4012  
**Phone:** (07) 3350 5711 **Fax:** (07) 3350 5722  
**Email:** christine@resultsrehab.biz

**Contact/s** Christine Hindmarsh, - Joelle Malengret - Abby Dunlop - Natalie Reghenzani - Roshan Danlke - Joanne Dilizio - Laacqah Ally - Jo Knight - Allison Burnett - Tarryn Mathews  
- Occupational Therapists  
**Area Serviced** Brisbane - rooms at Wavell Heights, All Brisbane Private Hospitals, Community Patients, Palliative patients  
**Hours of Service** Call for appointment + weekends if required  
**Referral Procedure** Self-referral, GP, Specialist  
**Services Provided** CDT (explanation inside cover)  
**Other Services Offered** Home visiting,  
**Cost** POA

**PIALBA**

Pialba Physiotherapy Centre  
26 Taylor Street  
PIALBA QLD 4655

**Phone:** (07) 4124 4023

**Contact/s** Dianne Riseley Physiotherapist  
**Area Serviced** Hervey Bay  
**Hours of Service** Business Hours Monday - Friday  
**Referral Procedure** Self-referral, Doctor  
**Services Provided** CDT (explanation inside cover) + Sale of Garments  
**Other Services Offered** Hydrotherapy, Home visiting, Referral to LAQ Membership/Support  
**Cost** POA

## REGIONAL QUEENSLAND FRASER COAST

### FRASER COAST

#### Hervey Bay Hospital

Cnr Nissen St & Urraween Road (PO Box 592)  
HERVEY BAY QLD 4655

Maryborough Hospital  
185 Walker Street  
MARYBOROUGH QLD 4650

**Phone** 07 4120 6673    **Fax** 07 4120 6798

**Email** kristenlix@health.qld.gov.au

**Contact/s** Kristen Lix                      Occupational Therapist

**Area Served** Fraser Coast Health Service

**Hours of Service** Monday to Friday 8.00 am - 4.30 pm

**Referral Procedure** GP, Specialist

**Services Provided** CDT (explanation inside cover)

**Other Services Offered** Sequential Pump, Hand-held Laser, Hydrotherapy, Home visiting,  
Referral to LAQ membership/Support

**Cost** N/A

### HERVEY BAY

Hervey Bay Physiotherapy Centre  
3/9 Bideford Street  
Hervey Bay Qld 4655

**Phone** : 07 4125 3350    **Fax** 07 4125 3931    **Mob** 0418 234 498

**Email:** hbphpty@bigpond.net.au

**Contact/s** Dwayne Kempster    Physiotherapist

**Area Served** Hervey Bay and Surrounding Districts

**Hours of Service** 8 -5.30pm Mon - Fri    Sat 8-12

**Referral Procedure** Self or Medical

**Services Provided** Diagnosis of Lymphoedema,  
CDT ( explanation inside front cover)

**Other Services Offered** Hydrotherapy, Home Visiting, Referral to LAQ Membership and Support

**Cost** POA    DVA and EHPC Provider.

### WOOLLOONGABBA

Lymphoedema Assessment Clinic  
Princess Alexandra Hospital  
Ipswich Road  
WOOLLOONGABBA QLD 4102

**Phone** 07 3170 7659    **Fax** 07 3176 7207

**Contact/s** Lymphoedema Service    Occupational Therapy

**Service for** Southern Area Health Service Patients who have developed lymphoedema as a result of Cancer Treatment and are unable to access service locally.  
PAH Acute Cancer Patients

**Hours of Service** Monday to Friday 8.00 am - 4.30 pm

**Referral Procedure** Referral letter addressed to Dr. Andrew Mc Cann  
Director of Vascular Medicine at the above address.

**Services Provided** Mutidisciplinary assessment of all patients  
CDT (explanation inside cover)

**Other Services Offered** Referral to LAQ membership/Support

**Cost** N/A

### WYNNUM

Wynnum Hospital  
Whites Road  
LOTA QLD 4179

**Phone:** (07) 3893 8132    **Fax:** (07) 3893 8048

**Contact/s** Mary Favios                      Physiotherapist

**Area Served** Bayside District

**Hours of Service** Monday to Friday 8.30 am - 4.30 pm

**Referral Procedure** Need written referral. Must reside in Bayside District

**Services Provided** CDT (explanation inside cover) + Sale of Garments

**Other Services Offered** Hand-held Laser, Referral to LAQ Membership/Support

**Cost** Nil for treatment, but may incur a cost for garment provision

## GOLD COAST

### ASHMORE

Anne Cifuentes  
 "Power of Touch" Massage  
 Suite 4, 151 Cotlew Street  
 ASHMORE QLD 4214

**Phone** Mobile 0417 720 878

**Email** info@poweroftouch.com.au **Web:** www.poweroftouch.com.au

**Contact/s** Anne Cifuentes Remedial Massage Therapist

**Area Served** Gold Coast

**Hours of Service** Monday to Friday 9.00 am - 5.00 pm  
 Saturday by appointment

**Referral Procedure** From Doctor preferred, but not essential

**Services Provided** Manual Lymphatic Drainage

**Cost** \$ 70.00/1hour—\$95.00/1,5 hour

### BENOWA

Focus on Women Physiotherapy  
 Suite6, Level1  
 Pindara Place  
 13 Carrara Street,  
 Benowa Qld 4217

**Phone** 07 5564 8455 **Fax** 07 5564 8414

**Contact/s** Michelle O'Malley and Jenny Nucifora  
 Physiotherapists

**Area Served** Gold Coast and Northern NSW

**Hours of Service** Monday to Friday 9.00 am - 5.00 pm

**Referral Procedure** Medical or Self Referral

**Services Provided** CDT (explanation inside cover), Measurement for garments

**Other Services Offered** Home visiting, Referral to LAQ Membership/Support

**Cost** Private Practice Fees apply. Cost of containment garment and bandages to be met by client. DVA providers.

### BUNDABERG

Hydrophysical  
 11 Parsley Street  
 SVENSSON HEIGHTS QLD 4670

**Phone:** (07) 4151 5272 **Fax:** (07) 4151 5272

**Email:** hydrophysical@hotmail.com

Also at 21 Cavendish St.  
 Earlville, N. Qld., Q 4870  
 Ph 4054 6809

**Contact/s** John Skennar Massage Therapist  
 Casley-Smith trained

**Area Served** Bundaberg and District

**Hours of Service** TBA  
 Self-referral, Health Professional, Lymphoedema  
 Association

**Services Provided** CDT (explanation inside cover) Referral of containment  
 garments only

**Other Services Offered** Referral to LAQ Membership/Support

**Cost** POA

### MONTO

NTH BURNETT PRIVATE LYMPHOEDEMA CLINIC  
 29 Newton Street (behind Suncorp building)  
 Monto QLD 4630

**Phone:** 0408704088 **Fax** **Mob** 0408704088

**Email:** celebrantpwallace@gmail.com

**Contact/s:** Pauline Wallace Lymphoedema Therapist/Massage & Reflexologist

**Area Served** All Burnett and Widebay Regions

**Hours of Service** Monday to Sunday

**Referral Procedure** Doctor or Self Referral

**Services Provided** CDT (explanation inside front cover)

**Other Services Offered** Accommodation/Transport to and from Clinic  
 Referral to LAQ Membership/Support

**Cost** POA

## REGIONAL QUEENSLAND SOUTH BURNETT

### BUNDABERG

Bundaberg Base Hospital  
Bourbong Street (Postal Address: PO Box 34, BUNDABERG QLD 4670)  
BUNDABERG QLD 4670

**Phone** 07 4150 2590 **Fax** 07 4150 2599

**Contact/s** Tracey Goggi Occupational Therapy Department

**Area Serviced** Bundaberg, Childers, GinGin & Mount Perry

**Hours of Service** Monday to Friday 8.00 am - 4.30 pm

**Referral Procedure** Qld Health Medical Officer Referral only

**Services Provided** Bandaging, Measurement of Compression Garments, Education on the condition of Lymphoedema, Lymphoedema Self Management, Skin Care Advice, Exercise/ Prescription

**Cost** N/A

### BUNDABERG

Bundaberg Mater Hospital - Lymphoedema Clinic  
313 Bourbong Street  
PO Box 715  
BUNDABERG QLD 4670

**Phone:** (07) 4153 9499 **Fax:** (07) 4153 9475  
Email: hskippen@mercyqc.com

**Contact/s** Helen Skippen Registered Nurse

**Area Serviced** Bundaberg and District

**Hours of Service** Mornings

**Referral Procedure** Doctor Referral

**Services Provided** CDT (explanation inside cover) + Sale of Garments  
Exercise advice only.

**Other Services Offered** Sequential Pump, Hand-held Laser,  
Referral to LAQ Membership/Support

**Cost** POA

### ORMEAU

Pauline Wallace  
56/26 Goldmine Rd  
Ormeau Qld 4208  
Phone 07 5546 7414 **Mobile** 0408 704 088  
Email celebrantpwallace@gmail.com

**Contact/s** Ms Pauline Wallace Lymphoedema Therapist & Reflexologist

**Area Serviced** Brisbane to Gold Coast

**Hours of Service** Monday to Sunday

**Referral Procedure** Doctor or Self Referral

**Services Provided** Manual Lymphatic Drainage  
Bandaging, Education of the condition of lymphoedema,  
Lymphoedema Self management, Skincare advice,  
exercise Prescription

**Other Services Offered** Home visiting,  
Referral to LAQ membership/Support

**Cost** POA

### PARADISE POINT

Cheryl Gilbert  
8 Thrush Ave  
Paradise Point Qld 4216

**Phone** 07 5577 2282 **Mobile** 0414094892  
**Email** cherylgilbert@gmail.com

**Contact/s** Ms Cheryl Gilbert Dip. RM ,Reg. Vodder Therapist

**Area Serviced** Gold Coast

**Hours of Service** 8.00pm - 6.00pm

**Referral Procedure** Self or Medical

**Services Provided** CDT ( explanation inside front cover)

**Other Services Offered** Handheld Laser, Kinesiotaping, Endermotherapie  
Referral to LAQ membership/Support

**Cost** \$85.00 Health Fund Rebates.

**ROBINA**

Superb Lifestyle  
3 Town Centre Drive  
Robina QLD 4230  
Mail : PO Box 3843  
Burleigh Town Qld 4220

Mobile: 0419 784 078 Fa07 5575 8785  
Email: superbstyle@austarnet.com.au www.superblifestyle.com.au

**Contact/s** Doris Mattei Remedial Therapist,  
Fitness Instructor

**Area Serviced** Gold Coast

**Hours of Service** Monday to Friday 9am –5pm

**Referral Procedure** GP, Specialist or Self Referral

**Services Provided** Manual Lymphatic Drainage, Skincare, Exercise,  
Lymphoedema Self Management (Vodder)

**Cost** POA **Health Rebates available.**

**ROBINA**

Our Therapy Practice  
Dr Jaa's Medical Health  
River Walk One, Robina

**Phone** 0402 839 172. **Fax** **Mob**  
**Email:** opt@optusnet.com.au

**Contact/s** Yvonne Pennisi Occupational Therapist

**Area Serviced** Gold Coast and Tweed Area

**Hours of Service** By Appointment.

**Referral Procedure** Either Self or Medical (prefer medical)

**Services Provided** CDT ( see inside front cover)

**Other Services Offered** Hydrotherapy, Home Visiting,  
Referral to LAQ Membership/Support

**Cost** POA DVA and E P C Provider.  
Rebates some Health Funds

**GLADSTONE**

Hands - on Approach Lymphoedema and Remedial Massage  
240 Auckland Street  
GLADSTONE QLD 4680

**Phone** 07 4972 8556 **Fax** 07 4972 8556 **Mob**  
**Email:** michelle.ahoa@gmail.com

**Contact/s** Michelle Starr Diploma RMT & MLD

**Area Serviced** Gladstone and District

**Hours of Service** 9.00 am -5.00 pm

**Referral Procedure** Medical or Self

**Services Provided** CDT ( explanation inside front cover)  
Measurement and Ordering of Garments

**Other Services Offered** Hand Held Laser  
Referral to LAQ Membership and Support

**Cost** POA Health Fund Rebates

**NORTH ROCKHAMPTON****SKIN DEEP REJUVENTION CLINIC**

67 Queen Elizabeth Street  
North Rockhampton Qld 4701

**Phone** 07 4927 4450      **Fax** 07 4922 9044      **Mob** 0408 341 347

**Email** kitty.skindeep@yahoo.com.au

<b>Contact/s</b>	Mrs Kitty Wren      Massaus Lymphoedema trained Judith Casley-Smith Method
<b>Area Serviced</b>	All of Rockhampton
<b>Hours of Service</b>	8.00am - 5pm. After Hours by appointment
<b>Referral Procedure</b>	Self or Medical
<b>Services Provided</b>	Manual Lymphatic Drainage, Bandaging, Measurement and Sale of Compression Garments, Education of the Condition, Lymphoedema Self management, Skincare advice.
<b>Other Services Offered</b>	Referral to LAQ Membership and Support
<b>Cost</b>	\$60.00 per hour.

**YEPPOON**

Yeppoon Physiotherapy Clinic  
2/32 Anzac Parade  
YEPPOON QLD 4703

**Phone** 07 4939 1715      **Fax** 07 4939 1715      **Mobile** 0419 026 572

<b>Contact/s</b>	Alyson Macdonald      Physiotherapist
<b>Area Serviced</b>	Capricorn Coast
<b>Hours of Service</b>	Monday to Friday 9.00 am - 3.00 pm
<b>Referral Procedure</b>	Self, Doctor or allied health person
<b>Services Provided</b>	Manual Lymphatic Drainage, Bandaging, Education on the condition of Lymphoedema, Lymphoedema Self Management, Skin Care Advice, Exercise/Prescription
<b>Other Services Offered</b>	Hand- held Laser, Home visiting,
<b>Cost</b>	POA

**SOUTHPORT**

Breast Care  
Level6 Premion Place  
Cnr Queen & High Streets  
SOUTHPORT QLD 4215

**Phone** 07 5532 3455      **Fax** 07 5532 3499      **Mob** 0414226032

**Email** info@breastcare.com.au

<b>Contact/s</b>	Melissa Jennings      Physiotherapist
<b>Area Serviced</b>	Gold Coast
<b>Hours of Service</b>	Wednesday 9am -3pm, Fridays 9am-11am. Other days as required
<b>Referral Procedure</b>	Letter from GP/Referring specialist
<b>Services Provided</b>	Diagnosis of Lymphoedema, CDT ( explanation inside front cover) Please note service for Upper limb only
<b>Other Services Offered</b>	Referral to LAQ Membership and Support
<b>Cost</b>	POA      DVA and EHPC Provider.

**SOUTHPORT**

Christine Davis Physiotherapy  
1/14 Tweed Street  
SOUTHPORT QLD 4215

**Mobile:** 0409 068 452

<b>Contact/s</b>	Christine Davis      Physiotherapist
<b>Area Serviced</b>	Northern end of Gold Coast
<b>Hours of Service</b>	By Appointment Monday to Friday 8.00 am - 5.00 pm
<b>Referral Procedure</b>	Self or Medical
<b>Services Provided</b>	CDT (explanation inside cover)
<b>Other Services Offered</b>	Hydrotherapy, Home visiting, Referral to LAQ Membership/Support
<b>Cost</b>	POA

**SOUTHPORT**

Gold Coast Hospital  
108 Nerang Street  
Southport Qld 4215

**Phone** 07 5519 8460    Fax    07 5519 8608    Physiotherapy  
07 5519 8459    Fax    07 5519 8715    Occupational Therapy

**Contact/s**            Camille Aked - Trudi Epple            Physiotherapist  
                                 Katherine O'Shea - Lauren Frame    Occupational  
                                 Therapist

**Area Serviced**            Gold Coast Health Service District/Northern NSW

**Hours of Service**            Mon-Fri

**Referral Procedure**            Medical Referral

**Services Provided**            CDT (explanation inside cover),  
Measurement and Sale of garments

**Other Services Offered**    Referral to Podiatry, dietary advice,  
Some Home visiting, by OT.  
Referral to LAQ Membership/Support

**Cost**                            Nil for Health Care card holders. Others pay only

**SURFERS PARADISE**

Cheryl Gilbert  
Surfers Paradise Chiropractic Centre,  
12 Thomas Drive, Chevron Island

**Phone** 07 5539 9798    **Mobile**    0414094892  
**Email**    cherylgilbert@gmail.com

**Contact/s**                    Ms Cheryl Gilbert            Dip. RM Reg. Vodder Therapist

**Area Serviced**            Gold Coast

**Hours of Service**            Monday to Saturday by Appointment

**Referral Procedure**            Self or Medical

**Services Provided**            CDT ( explanation inside front cover)

**Other Services Offered**    Handheld Laser, Kinesiotaping, Endermotherapie  
Referral to LAQ membership/Support

**Cost**                            \$85.00 Health Fund rebates.

**REGIONAL QUEENSLAND CENTRAL****ROCKHAMPTON**

Rockhampton Hospital  
Canning Street  
ROCKHAMPTON QLD 4700

**Phone** 07 4920 6269    **Fax**    07 4920 6539  
**Email**    Struan\_Ferguson@health.qld.gov.au    Karen\_Kalff@health.qld.gov.au

**Contact/s**                    Struan Ferguson            Occupational Therapist  
                                 Karen Kalff

**Area Serviced**            Rockhampton & Yeppoon

**Hours of Service**            Monday to Friday 8.00 am - 4.30 pm

**Referral Procedure**            GP Referral

**Services Provided**            Measurement of Compression Garment, Education on  
the condition of Lymphoedema, Lymphoedema Self Man-  
agement, Skin Care Advice, Exercise - Prescription

**Other Services Offered**    Hydrotherapy

**Cost**                            N/A

**ROCKHAMPTON DISTRICT GRACEMERE**

Cheryl Lawrence  
7 Isabel Court  
Gracemere Qld 4702

**Phone:** 0408 730 396                    **Fax**                    **Mob**  
**Email:**    refreshremedialmassage@bigpond.com

**Contact:**                    Cheryl Lawrence            Remedial Massage & Vodder Therapist

**Area Serviced**            Rockhampton and Gracemere

**Hours of Service**            Monday to Saturday by appointment

**Referral Procedure**            Self or Medical

**Services Provided**            CDT ( explanation inside front cover),  
Measurement for compression garments

**Other Services Offered**    Handheld laser, Home Visiting, Remedial Massage  
Referral to LAQ Membership and Support

**Cost**                            \$85    Health Fund rebates    AAMT Service Provider

**TOWNSVILLE**

North Queensland Therapy Services  
139 Boundary Street  
South Townsville Qld 4810

**Phone** Ph 07 4772 5191 **Fax** 07 4772 5320 **Mob** 0423 900 259  
**Email** julianevogler@hotmail.com

**Contact/s** Juliane Vogler Vodder Therapist/ Exercise Therapist  
**Area Serviced** Townsville  
**Hours of Service** By Appointment  
**Referral Procedure** Medical or Self  
**Services Provided** CDT  
**Other Services Offered** Referral to LAQ Membership/Support  
**Cost** POA DVA

**TOWNSVILLE**

Libby Timmins  
1205 Ingham Rd  
Townsville

**Phone** 0439 745 716 **Fax** **Email** :[libby.timmins@westnet.com.au](mailto:libby.timmins@westnet.com.au)  
**Contact/s** Mrs Libby Timmins Lymphoedema Therapist  
**Area Serviced** Townsville  
**Hours of Service** Saturday  
**Referral Procedure** Self or Medical  
**Services Provided** Manual Lymphatic drainage, Bandaging, Education of the lymphoedema, Lymphoedema Self management , Skincare advice, Exercise prescription.  
**Other Services Offered** Referral to OT for garments.  
Referral to LAQ membership/Support  
**Cost** POA.

**TWEED HEADS**

Tweed Heads Hospital  
Florence Street  
TWEED HEADS NSW 2485

**Phone:** (07) 5506 7545 **Fax:** (07) 5506 7578  
**Email:** leannewr@ncahs.health.nsw.gov.au

**Contact/s** Leanne Wright Physiotherapist  
**Area Serviced** Local  
**Hours of Service** Tuesday 9.30 am - 2.30 pm and Thursday 9 am - 4 pm  
**Referral Procedure** GP, Community Nurse, Other Health professionals  
**Services Provided** CDT (explanation inside cover) + Sale of Garments  
**Other Services Offered** Laser Treatment Referral to LAQ Membership/Support  
**Cost** N/A

**NOTES**

## SUNSHINE COAST

### BUDERIM

Northcoast Physiotherapy Clinic  
4/5 Lyrebird St  
Buderim, Qld 4556

**Phone** (07) 5444 2751 **Fax** (07) 5477 6650  
**Email:** physiobc@bigpond.net.au

**Contact/s** Karen Wilson Physiotherapist

**Area Served** Sunshine Coast

**Hours of Service** Monday to Friday

**Referral Procedure** Self-referral, GP, Specialist

**Services Provided** CDT (explanation inside cover),

**Other Services Offered** Home visiting,  
Referral to LAQ Membership/Support

**Cost** POA, DVA Provider, Medicare EPC

## NOTES

### MACKAY

Mackay Community Health  
12-14 Nelson Street  
MACKAY QLD 4740

**Phone** 07 4968 3823 **Fax** 07 4968 3829  
**Email** Jocelyn\_Dewar@health.qld.gov.au

**Contact/s** Jocelyn Dewar Registered Nurse

**Area Served** Mackay Health District

**Hours of Service** Monday to Friday 8.30 am - 5.00 pm

**Referral Procedure** Self, GP or other Health Professional

**Services Provided** Measurement of Compression Garments, Education on condition of Lymphoedema, Limited appointments for self-management, Skin Care Advice, Exercise - Prescription

**Other Services Offered** Hand-held Laser, Home visiting,  
Referral to LAQ membership/Support

**Cost** N/A

### TOWNSVILLE

Townsville Hospital - Lymphoedema Clinic (100 Angus Smith Drive)  
TOWNSVILLE  
Postal Address PO Box 670, Douglas, Townsville 4814

**Phone** 07 4796 2370 **Fax** 07 4796 2371

**Contact/s** Nicola Cosgriff Occupational Therapist  
Jennifer Thompson Physiotherapist

**Area Served** Townsville Health Service District

**Hours of Service** Mon-Fri 5 clinics per week by appointment

**Referral Procedure** GP, Consultant or Medical Specialist

**Services Provided** CDT ( explanation inside cover)

**Other Services Offered** Referral to dietician and Physiotherapy  
Referral to LAQ membership/Support

**Cost** No Charge

**INNISFAIL**

Innisfail Health Service  
87 Rankin Street  
INNISFAIL QLD 4860

**Phone** 07 4061 5398    **Fax** (07) 4061 5345

**Email:** Vicki-hall@health.gld.gov.au

**Contact/s** Paula Upham                      Occupational Therapist

**Area Served** Innisfail and surrounding area

**Hours of Service** 8am – 4.30pm Monday to Friday

**Referral Procedure** Doctors Referral

**Services Provided** CDT (explanation inside cover),

**Other Services Offered** Home visiting,  
Referral to LAQ Membership/Support

**Cost** N/A

**CALOUNDRA**

Caloundra Hospital  
West Terrace  
CALOUNDRA QLD 4551

**Phone** 07 5459 6901    **Fax** 5443 6913

**Contact/s** Keryn Wolff                      Physiotherapist

**Area Served** Sunshine Coast Health Service District

**Hours of Service** Wednesday to Friday

**Referral Procedure** Community Health Caloundra and Maroochydhore  
07 5459 6901

**Services Provided** Education on the condition of Lymphoedema,  
Lymphoedema Self Management and Skin Care Advice

**Cost** N/A

**NAMBOUR**

Lymphoedema Service  
Allied Health Department  
Nambour General Hospital  
Postal Address: PO Box 547, Nambour Qld 4560

**Phone** 07 5470 6747    **Fax** 07 5470 6766

**Contact/s** Kay Gardiner                      Physiotherapist  
Jenny Sutherland                  Occupational Therapist

**Area Served** Sunshine Coast District

**Hours of Service** Monday, Wednesday, Friday  
Approximately 20 hrs per week

**Referral Procedure** Written Medical Referral with diagnosis of lymphoedema

**Services Provided** Lymphoedema Education Sessions  
CDT (explanation inside cover)  
Prevention and Early Detection—education and  
monitoring of those at risk of developing lymphoedema

**Other Services Offered** Referral to LAQ Membership/Support

**Cost** No cost.

**SIPPY DOWNS**

Northcoast Physiotherapy Clinic  
Shop 6/11  
Chancellor Village Blvd  
SIPPY DOWNS QLD 4556

**Phone:** (07) 5476 5319 **Fax:** (07) 5476 9378

**Email:** physiobc@westnet.com.au

<b>Contact/s</b>	Karen Wilson	Physiotherapist
<b>Area Serviced</b>	Sunshine Coast	
<b>Hours of Service</b>	Monday - Friday	
<b>Referral Procedure</b>	Self-referral, GP, Specialist	
<b>Services Provided</b>	CDT (explanation inside cover)	
<b>Other Services Offered</b>	Home visiting	
<b>Cost</b>	POA Home, Hospital, Rooms, DVA , Medicare EPC	

**YANDINA**

Sunshine Coast Lymphoedema Clinic  
Chadwick House  
1566 Nambour North Connection Rd  
YANDINA QLD 4561

**Phone:** (07) 5446 7789 **Fax:** 5446 7789 **Mob** 0412 111 479

**Email:** aswaddell@optusnet.com.au [www.lymphoedema-oz.com](http://www.lymphoedema-oz.com)

<b>Contact/s</b>	Sandi Waddell	Registered Nurse
<b>Area Serviced</b>	Sunshine Coast	
<b>Hours of Service</b>	Tuesday/Friday all day, other days - afternoons	
<b>Referral Procedure</b>	Self-referral or health professional	
<b>Services Provided</b>	CDT (explanation inside cover) + Sale of Garments	
<b>Other Services Offered</b>	Hand-held Laser, Hydrotherapy, Home visiting, Referral to LAQ Membership/Support	
<b>Cost</b>	Initial visit \$60.00 Subsequent visits \$55.00. Pensioners \$50.00	

**CHARTERS TOWERS**

Charters Towers Health Service District  
Physio Department, Eventide  
PO Box 184  
CHARTERS TOWERS QLD 4820

**Phone** 07 4787 5585 **Fax** 07 4787 1072

**Email** Beatrice\_Harris@health.qld.gov.au

<b>Contact/s</b>	Beatrice Harris	Physiotherapist
<b>Area Serviced</b>	Charters Towers District	
<b>Hours of Service</b>	Monday to Friday 8.00 am - 4.30 pm	
<b>Referral Procedure</b>	via GP, Specialist	
<b>Services Provided</b>	Manual Lymphatic Drainage, Bandaging (e.g. Comprilan Bandages), Measurement of Containment Garments, Education on Lymphoedema, Self Management, Skin Care Advice, Exercise - Prescription	
<b>Cost</b>	POA	

**INGHAM**

Pam Wright  
12 Pindar Street  
INGHAM QLD 4850

**Phone** 07 4776 2620 **Mobile** 0427 762 620

**Email** pewright@ozemail.com.au

<b>Contact/s</b>	Mrs Pam Wright	Registered Nurse
<b>Area Serviced</b>	Ingham District	
<b>Hours of Service</b>	by arrangement	
<b>Referral Procedure</b>	Self, GP or Community Health Nurse, Blue Nurses	
<b>Services Provided</b>	CDT (explanation inside cover)	
<b>Other Services Offered</b>	Home visiting, Referral to LAQ membership/Support	
<b>Cost</b>	POA	

**CAIRNS**

Cairns Occupational Therapy Pty Ltd  
Suite 28, Virginia House  
68 Abbott Street  
CAIRNS QLD 4870

**Phone:** (07) 4051 5504 **Fax:** (07) 4051 5507 **Mob:** 0408 015 504  
**Email:** mail@cairnsot.com

**Contact/s** Kerry Stingel Occupational Therapist  
Hand Therapist

**Area Serviced** Cairns

**Hours of Service** Monday to Friday 7.30am to 6.30pm and Saturday am

**Referral Procedure** Self or Medical referral

**Services Provided** CDT (explanation inside cover)  
Supplier for compression garments

**Other Services Offered** Referral to LAQ Membership/Support

**Cost** POA

**CAIRNS**

Westcourt Community Health Centre  
4/227 Mulgrave Road  
Westcourt Qld 4870  
Mailing Address: PO BOx 398 W, Westcourt Qld 4870

**Phone** 07 4052 9333 **Fax** 07 4031 7393 **Email** rosecermak@health

**Contact/s** Mrs Rose Cermak Physiotherapist

**Area Serviced** All of Cairns

**Hours of Service** 8.30am -5pm

**Referral Procedure** Self, Health Practitioner, Hospital, Reliability Criteria Apply

**Services Provided** CDT ( explanation inside front cover)

**Other Services Offered** Home visiting,  
Referral to LAQ membership/Support

**Cost** Nil

**GYMPIE**

Cooloola Physiotherapy and Sports Medicine  
8 Mt Pleasant Road  
Gympie Qld 4570

**Phone** 07 5482 7735 **Fax** 07 5483 8000 **Mobile** 0410 663 642  
**Email** cooloolaphysio@spiderweb.com.au

**Contact/s** Joy Young Physiotherapist

**Area Serviced** Gympie

**Hours of Service** Mon. to Fri 8.30am -4.00pm

**Referral Procedure** Fax or phone

**Services Provided** Manual Lymphatic Drainage, Bandaging,  
Education of the Condition, Lymphoedema Self  
Management, Exercise Prescription

**Other Services Offered** Hydrotherapy  
Referral to LAQ membership/Support

**Cost** POA DVA EHPC Provider

**GYMPIE**

Gympie Health Service  
Henry Street  
Locked Mail Bag 15  
GYMPIE QLD 4570

**Phone:** (07) 5489 8460 **Fax:** (07) 5489 8786  
**Email:** Robyn\_Haylock@health.qld.gov.au

**Contact/s** Robyn Haylock Physiotherapist

**Area Serviced** Gympie District

**Hours of Service** 8.30 am - 4.00 pm Monday to Friday

**Referral Procedure** Referral from any Medical Officer

**Services Provided** CDT (explanation inside cover)

**Other Services Offered** Referral to LAQ Membership/Support

**Cost** N/A

## REGIONAL QUEENSLAND NORTH

### ATHERTON

Jan Loughton  
32 Mabel Street  
ATHERTON QLD 4883

**Phone** 07 4091 3371    **Fax** 07 4091 3371    **Mobile** 0439 915 279  
**Email** art.in@bigpond.net.au

**Contact/s** Jan Loughton Registered Nurse  
**Area Served** Tablelands  
**Hours of Service** Monday to Friday 5.00 pm - 7.00 pm and Saturday  
**Referral Procedure** Self Referral or GP  
**Services Provided** CDT (explanation inside cover) + Sale of Garments  
**Other Services Offered** Hand- held Laser, Home visiting if required, Referral to LAQ membership/Support  
**Cost** POA

### ATHERTON

#### CORAL FREEMAN PHYSIOTHERAPY

PO Box 401  
TOLGA QLD 4882

**Phone**                      **Fax**                      **Mob** 0414 380263

**Email:** rtcbfreeman@aapt.net.au

**Contact/s** Mrs Coral Freeman Physiotherapist  
**Area Served** Atherton Tablelands  
**Hours of Service** 8.00 am -5.00 pm  
**Referral Procedure** Medical or Self  
**Services Provided** Diagnosis of Lymphoedema, CDT (explanation inside front cover)  
**Other Services Offered** Referral to LAQ Membership and Support  
**Cost** POA            DVA            Medicare EHPC

### CAIRNS

Cairns Base Hospital  
The Esplanade  
PO Box 3108  
CAIRNS QLD 4870

**Phone:** (07) 4050 6477    **Fax:** 4050 6823

**Email:** jo\_sobb@health.qld.gov.au

**Contact/s** Jo Sobb Occupational Therapist  
**Area Served** Cairns and Hinterland District, Far North Qld  
**Hours of Service** 8am — 4 pm  
**Referral Procedure** Medical Referral essential  
**Services Provided** CDT (explanation inside cover)  
**Other Services Offered** Hand held laser  
**Cost** N/A if Medicare eligible

### CAIRNS

Cairns - Blue Care  
15 Short Street  
CAIRNS QLD 4870

**Phone:** (07) 4039 9177    **Fax:** (07) 4039 9168    **Mob:** 0417 003 294  
**Email** cm.day@bluecare.org.au

**Contact/s** Karen Lynch and Robyn Francis Registered Nurses  
**Area Served** Cairns and District  
**Hours of Service** Monday to Friday 8.00 am - 4.30 pm  
**Referral Procedure** Medical Practitioner (Referral preferred)  
**Services Provided** CDT (explanation inside cover) + Sale of Garments  
**Other Services Offered** Sequential Pump, Home visiting, Referral to LAQ Membership/Support  
**Cost** POA